



PREP TIME
10 MINUTES



COOK TIME
20 MINUTES



SERVING SIZE
6 SERVINGS

- ❑ In a large skillet coated with cooking spray, cook sausage over medium heat cook to 165 degrees, turning occasionally. Let rest 5 minutes and cut into slices
- ❑ Meanwhile, in a small bowl, combine the sour cream, cucumber, vinegar, oil and garlic powder. Serve chicken sausage on pita breads with tomato, onion, arugula and cucumber sauce

BROCCOLI RABE CHICKEN SAUSAGE GYROS

- ❑ 1LB GIOVANNI'S RABE CHICKEN SAUSAGE links
- ❑ 1 cup sour cream
- ❑ 1/4 cup finely chopped cucumber
- ❑ 1 cup arugula
- ❑ 1-1/2 teaspoons red wine vinegar
- ❑ 1-1/2 teaspoons olive oil
- ❑ 1/2 teaspoon garlic powder
- ❑ 6 whole wheat pita breads
- ❑ 2 plum tomatoes, sliced
- ❑ 1 small onion, thinly sliced

